

WORLD CHAMPIONSHIP & GOLDEN CUP

“Italy 2020”

Mazara del Vallo - November 27/28/29



Time and Rounds of the Competitions

World Championship



Point Fighting

Junior / Senior:

Eliminatories

1 round of 2 minutes

Finals

2 rounds of 2 minutes

Light Contact

Kick Light - Light Boxe

Junior:

1 round of 2 minutes

Eliminatories

2 rounds of 2 minutes

Finals

Senior:

2 rounds of 2 minutes

2 rounds of 2 minutes

Kick Boxing

Full Contact

K1 Style

Thai Boxe

Kyokushinkai

Sanshou

Free Boxe

Eliminatories

2 rounds of 2 minutes

Finals

3 rounds of 2 minutes

** if it is single match : 5 rounds of 2 minutes*

Golden Cup



Point Fighting

Light Contact

Kick Light

Free Boxe

Eliminatories

Junior: 1 round of 2 minutes

Senior: 1 round of 2 minutes

Finals

2 rounds of 1.30 minutes

2 rounds of 2 minutes

Kick Boxing

Full Contact

K1 Style

Thai Boxe

Kyokushinkai

Sanshou

Free Boxe

Eliminatories

2 rounds of 2 minutes

Finals

3 rounds of 2 minutes