

# OFFICIAL CATEGORIES

It is the responsibility of the athletes and coaches to read and understand the rules and regulations of the tournament before they enter.

The organisers will not be held liable for the disqualification of athletes entering the wrong division or not complying with the rules.

A division must have a minimum of 2 competitors to run and, in instances where this is not the case, the organisers will merge categories as fairly as possible at their own discretion.

Next to each category there is a reference code. Please enter this code clearly on your entry form.

Novice – Intermediate (**White to Green**)  
(0 – 15 months of training)

## **Traditional Kata Japanese/Okinawa**

**F1:** 10 yrs and under (Novice)

**F1-bis:** 8 yrs and under (Novice)

**F2:** 11-13 yrs (Novice)

**F3:** 14 – 17 yrs (Novice)

**F4:** 18 yrs + (Novice)

Intermediate / Advanced (**Blue to Brown**)  
**Black Belt** ( + 16 months of training)

## **Traditional Kata Japanese/Okinawa**

**F5:** 10 yrs and under (Intermediate/Advanced)

**F6:** 10 yrs and under (Intermediate/Advanced)

**F7:** 11-13 yrs (Intermediate/Advanced)

**F8:** 11-13 yrs (Black Belt)

**F9:** 14 – 17 yrs (Intermediate/Advanced)

**F10:** 14 – 17 yrs (Black Belt)

**F11:** 18 yrs + (Intermediate/Advanced)

**F12:** 18 yrs + (Black Belt male)

**F12-A:** 18 yrs + (Black Belt female)

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## **Traditional Korean Forms**

**F13:** 10 yrs and under (Novice)

**F14:** 11-13 yrs (Novice)

**F15:** 14 – 17 yrs (Novice)

**F16:** 18 yrs + (Novice)

## **Traditional Korean Forms**

**F17:** 10 yrs and under (Intermediate/Advanced)

**F18:** 10 yrs and under (Intermediate/Advanced)

**F19:** 11-13 yrs (Intermediate/Advanced)

**F20:** 11-13 yrs (Black Belt)

**F21:** 14 – 17 yrs (Intermediate/Advanced)

**F22:** 14 – 17 yrs (Black Belt)

**F23:** 18 yrs + (Intermediate/Advanced)

**F24:** 18 yrs + (Black Belt male)

**F24-A:** 18 yrs + (Black Belt female)

Novice – Intermediate (*White to Green*)  
(0 – 15 months of training)

### Chinese Traditional Forms

**F25:** 10 yrs and under (Novice)

**F26:** 11-13 yrs (Novice)

**F27:** 14 – 17 yrs (Novice)

**F28:** 18 yrs + (Novice)

Intermediate / Advanced (*Blue to Brown*)  
**Black Belt** ( + 16 months of training)

### Chinese Traditional Forms

**F29:** 10 yrs and under (Intermediate/Advanced)

**F30:** 10 yrs and under (Black Belt)

**F31:** 11 – 13 yrs (Intermediate/Advanced)

**F32:** 11-13 yrs (Black Belt)

**F33:** 14 – 17 yrs (Intermediate/Advanced)

**F34:** 14-17 yrs (Black Belt)

**F35:** 18 yrs + (Intermediate/Advanced)

**F36:** 18 yrs + (Black Belt male)

**F36-A:** 18 yrs + (Black Belt female)

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### Creative Forms (All Styles)

**Bare Hands – without music**

**F37:** 10 yrs and under (Novice)

**F38:** 11-13 yrs (Novice)

**F39:** 14 – 17 yrs (Novice)

**F40:** 18 yrs + (Novice)

### Creative Forms (All Styles)

**Bare Hands – without music**

**F41:** 10 yrs and under (Intermediate/Advanced)

**F42:** 10 yrs and under (Black Belt)

**F43:** 11 – 13 yrs (Intermediate/Advanced)

**F44:** 11-13 yrs (Black Belt)

**F45:** 14 – 17 yrs (Intermediate/Advanced)

**F46:** 14-17 yrs (Black Belt)

**F47:** 18 yrs + (Intermediate/Advanced)

**F48:** 18 yrs + (Black Belt)

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### Musical Forms (All Styles)

**Bare Hands – with music**

**F49:** 10 yrs and under (Novice)

**F50:** 11-13 yrs (Novice)

**F51:** 14 – 17 yrs (Novice)

**F52:** 18 yrs + (Novice)

### Musical Forms (All Styles)

**Bare Hands – with music**

**F53:** 10 yrs and under (Intermediate/Advanced)

**F54:** 10 yrs and under (Black Belt)

**F55:** 11 – 13 yrs (Intermediate/Advanced)

**F56:** 11-13 yrs (Black Belt)

**F57:** 14 – 17 yrs (Intermediate/Advanced)

**F58:** 14-17 yrs (Black Belt)

**F59:** 18 yrs + (Intermediate/Advanced)

**F60:** 18 yrs + (Black Belt)

Novice – Intermediate (*White to Green*)  
(0 – 15 months of training)

### **Extreme Forms (All Styles)**

**Bare Hands – with music**

**F61:** 10 yrs and under (Novice)

**F62:** 11-13 yrs (Novice)

**F63:** 14 – 17 yrs (Novice)

**F64:** 18 yrs + (Novice)

Intermediate / Advanced (*Blue to Brown*)  
**Black Belt** ( + 16 months of training)

### **Extreme Forms (All Styles)**

**Bare Hands – with music**

**F65:** 10 yrs and under (Intermediate/Advanced)

**F66:** 10 yrs and under (Black Belt)

**F67:** 11 – 13 yrs (Intermediate/Advanced)

**F68:** 11-13 yrs (Black Belt)

**F69:** 14 – 17 yrs (Intermediate/Advanced)

**F70:** 14-17 yrs (Black Belt)

**F71:** 18 yrs + (Intermediate/Advanced)

**F72:** 18 yrs + (Black Belt)

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### **Forms with Weapons (All Styles)**

**Traditional /Creative – without music**

**F73:** 10 yrs and under (Novice)

**F74:** 11-13 yrs (Novice)

**F75:** 14 – 17 yrs (Novice)

**F76:** 18 yrs + (Novice)

### **Forms with Weapons (All Styles)**

**Traditional /Creative – without music**

**F77:** 10 yrs and under (Intermediate/Advanced)

**F78:** 10 yrs and under (Black Belt)

**F79:** 11 – 13 yrs (Intermediate/Advanced)

**F80:** 11-13 yrs (Black Belt)

**F81:** 14 – 17 yrs (Intermediate/Advanced)

**F82:** 14-17 yrs (Black Belt)

**F83:** 18 yrs + (Intermediate/Advanced)

**F84:** 18 yrs + (Black Belt)

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### **Extreme Forms with Weapons (All Styles)**

**Forms with Weapons – with music**

**F85:** 10 yrs and under (Novice)

**F86:** 11-13 yrs (Novice)

**F87:** 14 – 17 yrs (Novice)

**F88:** 18 yrs + (Novice)

### **Extreme Forms with Weapons (All Styles)**

**Forms with Weapons – with music**

**F89:** 10 yrs and under (Intermediate/Advanced)

**F90:** 10 yrs and under (Black Belt)

**F91:** 11 – 13 yrs (Intermediate/Advanced)

**F92:** 11-13 yrs (Black Belt)

**F93:** 14 – 17 yrs (Intermediate/Advanced)

**F94:** 14-17 yrs (Black Belt)

**F95:** 18 yrs + (Intermediate/Advanced)

**F96:** 18 yrs + (Black Belt)

Novice – Intermediate (**White to Green**)  
(0 – 15 months of training)

Intermediate / Advanced (**Blue to Brown**)  
**Black Belt** ( + 16 months of training)

**Team Synchronized Forms (2-3 Athletes)**

**Bare Hands / with Weapons – with or without music**

**F97A:** 8 yrs and under (from white to green)

**F97B:** 9-13 yrs (from white to green)

**F97C:** 14 yrs + (from white to green)

**Team Synchronized Forms (2-3 Athletes)**

**Bare Hands / with Weapons – with or without music**

**F98:** All ages – (**Blue to Black**)

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**Self Defence**

**SD100:** 17 yrs and under (*Novice*)

**SD101:** 18 yrs + (*Novice*)

**Self Defence**

**SD102:** 17 yrs and under (Intermediate/Advanced)

**SD103:** 17 yrs and under (Black Belt)

**SD104:** 18 yrs + (Intermediate/Advanced)

**SD105:** 18 yrs + (Black Belt)

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**TRADITIONAL KATA MASTER OVER 40**

**Japanese Traditional Kata Bare Hands**

**Over 40 Master:** F12-M (*Unified Male / Female.*)

**Korean Traditional Kata Bare Hands**

**Over 40 Master:** F24-M (*Unified Male / Female.*)

**Chinese Traditional Kata Bare Hands**

**Over 40 Master:** F36-M (*Unified Male / Female.*)

**Inter style Traditional Kata with Weapons**

**Over 40 Master:** F84-M (*Unified Male / Female.*)